

Monday 1/28	Tuesday 1/29	Wednesday 1/30	Thursday 1/31	Friday 2/1
<p><b>Health-9 Standards</b>  10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood.  10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies.  10.1.12.E—Identify &amp; analyze factors that influence the prevention &amp; control of health problems.  10.2.12.A—Evaluate health care products &amp; services that impact adult health practices.  10.2.12.B—Assess factors that impact adult health consumer choices.  10.2.12.E—Analyze the interrelationship between environmental factors &amp; community health.</p> <p><b>Objectives</b>  Students will watch a video illustrating a rapid decline in environmental health and will analyze the fictitious scenario.</p> <p><b>Assignment</b>  In class—The Lorax video and reflection  Take home &amp; return—None</p> <p><b>Upcoming event</b>  None</p>	<p><b>Health-9 Standards</b>  10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood.  10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies.  10.1.12.E—Identify &amp; analyze factors that influence the prevention &amp; control of health problems.  10.2.12.A—Evaluate health care products &amp; services that impact adult health practices.  10.2.12.B—Assess factors that impact adult health consumer choices.  10.2.12.E—Analyze the interrelationship between environmental factors &amp; community health.</p> <p><b>Objectives</b>  Students will be able to define wellness and describe influences on wellness; define health literacy and explain its relationship with wellness.</p> <p><b>Assignment</b>  In class—Notes &amp; discussion  Take home &amp; return—None</p> <p><b>Upcoming event</b>  None</p>	<p><b>Health-9 Standards</b>  10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood.  10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies.  10.1.12.E—Identify &amp; analyze factors that influence the prevention &amp; control of health problems.  10.2.12.A—Evaluate health care products &amp; services that impact adult health practices.  10.2.12.B—Assess factors that impact adult health consumer choices.  10.2.12.E—Analyze the interrelationship between environmental factors &amp; community health.</p> <p><b>Objectives</b>  Students will be able to define public health, advocate, and PSA; describe ways in which society addresses health issues; identify the component of health most impacted by public policy.</p> <p><b>Assignment</b>  In class—Notes &amp; discussion  Take home &amp; return—None</p> <p><b>Upcoming event</b>  None</p>	<p><b>Health-9 Standards</b>  10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood.  10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies.  10.1.12.E—Identify &amp; analyze factors that influence the prevention &amp; control of health problems.  10.2.12.A—Evaluate health care products &amp; services that impact adult health practices.  10.2.12.B—Assess factors that impact adult health consumer choices.  10.2.12.E—Analyze the interrelationship between environmental factors &amp; community health.</p> <p><b>Objectives</b>  Students will be able to define coping, consumer, resource; explain what life skills have to do with health; explain what evaluating media messages would look like in real life.</p> <p><b>Assignment</b>  In class—Notes &amp; discussion  Take home &amp; return—None</p> <p><b>Upcoming event</b>  None</p>	<p><b>Health-9 Standards</b>  10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood.  10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies.  10.1.12.E—Identify &amp; analyze factors that influence the prevention &amp; control of health problems.  10.2.12.A—Evaluate health care products &amp; services that impact adult health practices.  10.2.12.B—Assess factors that impact adult health consumer choices.  10.2.12.E—Analyze the interrelationship between environmental factors &amp; community health.</p> <p><b>Objectives</b>  Students will be able to describe and use the GREAT decisions decision-making strategy.</p> <p><b>Assignment</b>  In class—Notes &amp; discussion; GREAT decisions paragraph  Take home &amp; return—None</p> <p><b>Upcoming event</b>  None</p>
<p><b>PE-11 Standards</b>  10.4.12.A—Evaluate and engage in an individualized</p>		<p><b>PE-11 Standards</b>  10.4.12.A—Evaluate and engage in an individualized physical</p>		<p><b>PE-11 Standards</b>  10.4.12.A—Evaluate and engage in an individualized</p>

<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.  10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.  10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.  10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.  10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.  10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement.  10.5.12.F—Analyze the application of game strategies for different categories of physical activities.  <u><b>Objectives/Assignment</b></u>  Students will engage in a variety of lifetime physical activities.  <u><b>Upcoming event</b></u>  None</p>		<p>activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.  10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.  10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.  10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.  10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.  10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement.  10.5.12.F—Analyze the application of game strategies for different categories of physical activities.  <u><b>Objectives/Assignment</b></u>  Students will engage in a variety of lifetime physical activities.  <u><b>Upcoming event</b></u>  None</p>		<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation.  10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults.  10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities.  10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation.  10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills.  10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement.  10.5.12.F—Analyze the application of game strategies for different categories of physical activities.  <u><b>Objectives/Assignment</b></u>  Students will engage in a variety of lifetime physical activities.  <u><b>Upcoming event</b></u>  None</p>
<p><b>PE-8 Standards</b>  10.4.9.A—Analyze and engage in physical activities that are</p>	<p><b>PE-8 Standards</b>  10.4.9.A—Analyze and engage in physical activities that are</p>	<p><b>PE-8 Standards</b>  10.4.9.A—Analyze and engage in physical activities that are</p>	<p><b>PE-8 Standards</b>  10.4.9.A—Analyze and engage in physical activities that are</p>	<p><b>PE-8 Standards</b>  10.4.9.A—Analyze and engage in physical activities that are</p>

<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><b><u>Objectives/Assignment</u></b> Students will engage in cooperative/team building activities.</p> <p><b><u>Upcoming event</u></b> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><b><u>Objectives/Assignment</u></b> Students will engage in cooperative/team building activities.</p> <p><b><u>Upcoming event</u></b> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><b><u>Objectives/Assignment</u></b> Students will engage in cooperative/team building activities.</p> <p><b><u>Upcoming event</u></b> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><b><u>Objectives/Assignment</u></b> Students will engage in cooperative/team building activities.</p> <p><b><u>Upcoming event</u></b> None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p><b><u>Objectives/Assignment</u></b> Students will engage in cooperative/team building activities.</p> <p><b><u>Upcoming event</u></b> None</p>
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